

PEOPLE **REVIEWS** LOCAL INTERESTS S ON



Front cover photo by Lee Cervasio



The Rock is the quarterly magazine of the Costa Blanca Anglican Chaplaincy. For the people about the people whoever you are!

Message from the Editor

Happy Easter everyone. Yes, Easter is here already and our 4th issue of The Rock hopefully will help you celebrate this period whether you are a believer or not.

Easter represents the triumph of good over evil when Jesus rose from the dead. Now I know what some of you will say "Rubbish!" but before you do I must tell you that I read a very interesting article written by a group of lawyers, police detectives and others who were all non-believers. This group examined all the evidence available on the death and resurrection of Jesus (which was considerable). Unfortunately, no live witnesses, but they did have their written accounts.

Once they had examined the evidence they treated it as they would any court trial. The conclusion was that it did actually happen! Okay, still not convinced? That's understandable because if you ignore the evidence it all comes down to a matter of faith in the end. However, one has to ask how the teachings of Jesus have survived over two thousand years with a current following of 2.38 billion people worldwide. That's a 2022 statistic.

I know people argue that religion has been the cause of war and the death of so many. That however, has not been the fault of Jesus but evil people misusing religion for their own ends.

If we all lived by Jesus's teachings what a wonderful and peaceful world it would be! Happy Easter.



At 20,400 feet on the South Face of Api West Nepal. Climber David Brown. "Faith has many forms!"



THE CHURCH OF ENGLAND

Online services

Father Rodney and Father Robin continue to stream a service on Facebook each week. Due to early commitments most Sundays this service will usually be on Saturday at 7pm, but occasionally on Sunday at 10am. Simply open Facebook and search 'Rodney Middleton'. You can also open his Facebook page to check the time of the service, which will be confirmed on Saturday morning. The Service is available for viewing at any time after the live stream.

We have our very own Facebook group page, so please look for Albir, La Fustera and Gandia Anglican Church on Facebook, like it and follow it. For information to be included please mail David on **dhernandezmitchell@gmail.com**

If you have a story you would like to publish in The Rock, then please email it to me. Sports news, jokes or quiz questions are all welcome.

Or if you would like to advertise in The Rock please contact the editor. **davidwarblers@gmail.com**

"If you know of someone who is alone, give them a call and have a chat!"

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Walter Part 4.

by Carole Anne Baggaley

THE FLOWER BED

I had a bit of a lie in this morning as it's the weekend. Much more relaxing than a week day when everyone is up early and rushing about. Mom always prepares a good breakfast at the weekend for her and Dad.

I could hear and smell the bacon sizzling in the pan and it made me drool all over the floor. I can't help it! Great slobbers of drool on her nice clean tiles. If she see that she will charge at me with wads of kitchen towel and wipe my face and the floor. Honestly sometimes her behaviour is bordering on obsessive!

I noticed yesterday they had some nice new comfy sofas delivered. A nice sort of creamy colour. Does she not realize that I could run my face along the backs of them and that would sort out the problem of having to use kitchen towel for my slobber? It must cost them a fortune in paper towels. I expect I have helped raise the share prices in paper towels! Dad will be pleased as he will undoubtedly have shares in the company. He's smart like that.

Anyway, I have my eye on the new sofa by the French window. I can just see myself stretched out on that one watching everything going on in the garden. Oh yes!

Did I mention we have visitors this weekend? It's the parents of Mom. So I guess that we refer to them as the grandparents. Granny Margaret is lovely most of the time but can be jolly fierce at other times! Scary!

Grandpa John is really good fun. When



he and I are out in the garden I like nothing better than sprinting towards him and launching myself at him. It's a really good game and he joins in by shouting "No, no Walter. Get down. Don't do that!" We get really excited but then out marches Granny, says some naughty words to Grandpa and then gets hold of me by my new red collar. Before I can say, "Hang on! Dad just brought me that" she drags me into the house and straight onto my bed and in a fierce voice says, "Stay there and don't move!" I have to say it's a bit cramped on the bed having to share it with Grandpa!

Finally Grandpa is allowed up to sit on a chair on the terrace with a cup of tea. Me, I'm not moving in case Granny comes after me again. No way!

Later on, when I had permission to leave my bed, I went into the garden to find my sister Scarlet. She was in the far corner of the garden. It's a large garden and some parts are out of sight of the terrace. At first I could only see her bottom sticking up as she appeared to have her face buried into the new flower bed that Mom had planted.

Well she was having a fine old time! Plants were scattered everywhere. Her face and paws were covered in dirt and as I got near, so my paws got covered in dirt too.

Walter Part 4 - THE FLOWER BED (continued)

Well, my first thought was, "I hope I don't get the blame for this." Because when Scarlet has done something naughty it's me that usually gets the blame. I spent enough time on the naughty bed today.

So I skedaddled fast to Mom who was in the kitchen and I sidled up to her.

She looked down and I put on my angelic face which would tell her it wasn't me but

Scarlet who is digging up her plants.

I think Mom understood because she bent down, patted my head and said, "Good boy Walter" and gave me a sausage. So I knew I was okay! Woof, woof for now.

To be continued



THE QUITTER by Robert Service

(1874 to 1958 Born in Lancashire, he was educated in Glasgow. After migrating to Canada, he spent eight years in the Yukon. Returning to Europe, he became a journalist in Paris and an ambulance driver in the First World War.)



When you are lost in the wild, and scared as a child, And death looks you bang in the eye,
And you're sore as a boil, it's according to Hoyle To cock your revolver and.... Die.
But the code of a Man says: "Fight all you can," And self-dissolution is barred. In hunger and woe, it's easy to blow...
It's the hell served-for breakfast that's hard.

"You're sick of the game!" Well, now, that's a shame. You're young and you're brave and you're bright. "You're had a raw deal!" I know- but don't squeal, Buck up, do your damnedest, and fight. It's the plugging away that will win you the day, So don't be piker, old pard! Just draw on your grit; it's easy to quit: It's keeping your chin up that's hard.

It's easy to cry that you're beaten - and die; It's easy to crawfish and crawl; But to fight and to fight when hope's out of sight-Why, that's the best game of all! And though you come out of each gruelling bout, All broken and beaten and scarred, Just have one more try - it's dead easy to die, It's the keeping- on - living that's hard.

In 1964 I was introduced to the first verse of this poem and it served me well during my military service. Especially when the going got tough. Of course I soon learnt that when the going got tough the tough got someone else to do the job for them! \mathbf{Ed}







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Church Humour

The Sermon Preparation

A boy was watching his father, a pastor, write a sermon.

"How do you know what to say?" he asked.

"Why, God tells me."

"Oh, then why do you keep crossing things out?"

At the Wedding

Attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?"

> "Because white is the colour of happiness, and today is the happiest day of her life."

The child thought about this for a moment, then said

"So why is the groom wearing black?"

Taking Care of your health

Morris, an 82 year old man, went to the doctor to get a physical.

A few days later the Doctor saw Morris walking down the street with a gorgeous young woman on his arm.

Later the doctor spoke to Morris and said, "You're really doing great aren't you!"

Morris replied "Just doing what you said Doc; "Get a hot mamma and be cheerful-"

> The doctor said "I didn't say that. I said "You've got a heart murmur and be careful!"

New in Church

After the service a young couple talked to a church member about joining the church. He hadn't met the husband before, and he asked what church he was transferring from.

After a short hesitation, he replied,

"I am transferring from the Municipal Golf Course."



Church Announcement

There is the story of a preacher who got up one Sunday and announced to his congregation:

"I have good news and bad news.

The good news is, we have enough money to pay for our new building programme.

The bad news is, it's still out there in * your pockets."



Winners of the Calpe Church Raffle: Trevor Manning, Bill Ingram and Marjorie Prebble



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Captain Gary Robinson (right) and The President Arthur Sullivan



Captain Gary Robinson and David Fisk winner of the Order of Merit and Div 1



Roy -El Bandido- Booth also known as -Not another Trophy- Roy

ORBA WARBLERS GOLF SOCIETY

It is in scientific circles known as a curious, almost anomalous species, seemingly bent on self destruction. They are found in a diverse range of habitats and environments; on all 5 continents, off planet, in space, and there is even documented and filmed evidence of their having been active on the surface of the moon.

They have manipulated their surroundings to produce tools, thus optimizing their efforts in the lush green parklands and coastal, sandy strips where they are usually found. Some say they are intelligent, but most disagree with this. Their extraordinary behaviour of wandering aimlessly

in the open savannahs, beating at trees, hacking in bushes, and digging repeatedly in sandy traps belies intelligence. The female used to be rarely seen, but in modern times she is most visible, and often heard asserting herself loudly and repeatedly over the diminutive male.

Occasionally they are found in aeroplanes, cruise liners, trains, restaurants, beach bars, and the fairways and 19th holes of the many golf courses on the Costa Blanca.



Captain Gary presenting JALON VALLEY HELP with a cheque for 500€



ORBA WARBLERS GOLF SOCIETY (continued)



Orba Warblers Dinner and presentation at Javea Golf Club January 27th

They are of course, the Warblers of the Orba Warbler Golf Society. A not so elite, but certainly friendly and welcoming bunch of golfers striving in their own way, each week, for that physical and spiritual perfection that eludes so many of their neighbours, homo sapiens.

If you are looking for a society of golfing friends contact Julian Leckie via www.orba-warblers.com

SPORTS HUMOUR

I failed to make the chess team, because of my height! Woody Allen

It's said that swimming develops poise and grace, but have you seen how a duck walks?

I was watching Sumo wrestling on the television for two hours before I realized it was darts! *Hathie Hayridge*



The definition of a golfer is one who shouts fore, takes five, and puts down three!

"Not everyone can be a bronzed Adonis"



"Why do I play golf? To keep in shape. How about you?"

I was called Rembrandt Hope in my boxing days, because I spent so much time on the canvas! Bob Hope.

My best punch is the rabbit punch. Too bad they never let me fight a rabbit! Bob Hope (Probably).

If at first you don't succeed, skydiving is not for you!

During the world cup in Brazil, the England team visited an orphanage. It was heart- breaking to see their sad little faces with no hope, *said Joao, age 6*.

Real golfers don't miss putts, they get robbed.



Alleluia! Christ is Risen!

He is Risen indeed! Alleluia! In the midst of death, God brought us new life. The Resurrection of Jesus Christ gives you and I a vision of how God is working. God brings new life in the face of death, promise in the face of despair, and hope in the face of loss.

During this time of continued aggression in the Ukraine and the Lands we call Holy, it can sometimes feel like darkness and death may overcome us.

In the midst of these troubles, our faith teaches us that God is making all things new, creating life out of places shrouded in death.

The faith Jesus proclaimed says "yes," while steadily looking into the face of everything that seems to say "no." Our faith proclaims that God is always creating and bringing us new life.

Lent and Holy Week offers an opportunity to explore this passage of death into life as we walk the journey from Lent through Holy Week, and into the celebration of the resurrection at Easter.

On behalf of Fr's Rodney, Robin, Jim, myself, and our entire ministry team, may I take this opportunity to invite you to any of our services over Lent, Holy Week and Easter.

Every blessing. Fr. Paul D Dean Lead Chaplain Costa Blanca Alleluia! Christ is Risen! He is Risen indeed! Alleluia!



THE CHURCH OF ENGLAND Registered charity number 250186



We thank you for giving to the Diocese or to any chaplaincy you name with your gift. If you need help with Christenings, wedding blessings, funerals or just a chat contact Father Paul Dean on frpauldean@gmail.com or 711 061 864.

About The Diocese in Europe (Church of England) - We are a Mission-shaped diocese - a network of Christian communities and congregations serving Anglicans and other English-speaking Christians across an enormous geographical area.

If you would like to help keep the Costa Blanca Anglican Chaplaincy alive and serving you, you can make a donation by scanning the QR code.

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MAX by David Brown

Chapter 2 Elimination

To complete the big plan Max had to first expand his area of control by two blocks. This required dealing with Nasty Bob, a vicious black and white who had a large gang of mixed breeds who never allowed any outsiders on their turf. Max had a cunning plan to deal with this! Part of Nasty Bob's patch in fact three quarters of it was residential and Max knew that the last thing the residents wanted was a disturbed night.

Night time, time to brief the clan and set phase one of the plan into action. The nice thing about waiting until summer to start the operation, in fact an essential part was that all the trees were in full leaf and the branches interlocked not just on their street but for a full six blocks covering the entire area of the town centre, providing the residents with welcome shade during the hot summers.

Fat George had been left behind to guard the home turf as he was too heavy to climb the trees and balance on the smaller branches, a fact he conceded with good grace.



Max was not concerned. He did not need muscle for this phase just agility and a good voice. Max led the way carefully keeping to the higher branches, shielded from anyone on the ground. He did not

hurry the clan which followed in single file



by Max that any slip ups vould result in them being abandoned in enemy territory.

Max was gauging his arrival in the middle of Nasty Bob's patch just as the garbage trucks were leaving. Max knew that the rivals would have gathered for whatever the bin men dropped and that was when he would strike.

Finally they were ready, Max had got everyone positioned in different trees at the very top, completely invisible from the ground.

Max started a screeching howling sound something akin to a human baby demanding feeding. As the other three joined in, the decibel level was enough to penetrate the walls of the houses for a block's radius.

Nasty Bob was in a frenzy and rallied his troops to every alley and corner of his turf but no interlopers could be found. Confused and dazed they did not even think to look up into the trees.

Max had instructed every one that when they saw lights come on at windows and doors open they were to increase the volume to full power. Now the windows were lighting up and raised voices could be heard so Nasty Bob found that he and his crew were the target of the local's anger.

Max and his shock troops melted away the way they had come except Lenny,

"Eternity is a long time to think about where you went wrong!" This page is sponsored by David Brown author of The Darkness. who was to remain and watch, reporting back later that day.

Max was pleased with the team and decided to treat everyone, including Fat George to a slap up breakfast. Leaving the others in the alley, which George had kept free of interlopers, he took the high route to McBins fish shop and waited on top of the high wall which overlooked the that the plan had worked. While Nasty delivery entrance.

As usual at seven o'clock the fish van arrived, the driver opened the van doors and then banged hard on the Delivery Only door. McBins himself opened it for the van man who carried a large tray of fish into the shop.

At that point, Max dropped lightly to the ground and swiftly jumped into the open van hooking a large turbot off the cold

shelf. Pulling it into the alley he set off before the van man reappeared.

They were sleeping off the effects of the turbot when Lenny arrived with the news



Bob and his crew were sleeping the cat snatcher arrived with about six crew all armed with nets. Before Lenny could blink twice, Nasty Bob and most of his crew had been scooped up and taken off to the pound!

Phase one complete! Now for the next challenge, dealing with the interlopers who would start moving in on Nasty Bob's turf now that he was banged up!

To be continued.....



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The DARKIESS

"I just could not put this book down" Richard Warwick, Cambridge

DAVID BROWN

14

The BRILLIANT follow on from 'Hard Rain'

A MUST Read !!!

Northern Ireland in 1971-72 is a time of extreme violence that tests the people and the security forces to their limits. A soldier turned terrorist sworn to kill his former comrades. Slaughter on the streets as bombs shatter the lives of the innocents.

Bomber Brown finds himself in the thick of the action. Sometimes with his elite recce platoon but often on his own, relying on his training and initiative to survive when faced with the man determined to kill him! Face to face, gun to gun! The survivor will be the one with the steady hand, deadliest aim, and the will to win!

"The dream was back and no matter how many times Bomber shot the man he couldn't kill him. He just had to watch the man's mouth uttering words that he couldn't hear!"

There was no escape from the dream, so Bomber screamed at God to help him!

Available from AMAZON and Polly's Bookshop in Moraira and Jávea



15

Crab with Mushrooms au gratin

by Roger Tucker

Ingredients

Long-grain rice measured to the 2 fl oz level in a glass measuring jug (55ml)

- 4 fl oz water
- 3 oz crabmeat
- 1 small onion chopped small
- 2 oz mushrooms sliced
- 1 oz butter
- ½ oz flour
- 1 tbsp dry sherry
- 5 fl oz milk

50 Favourite Recipes to celebrate 50 years of breaking bread together

Our Daily Bread

tbsp grated cheddar cheese
 tbsp breadcrumbs
 Cayenne pepper
 Salt & freshly milled black pepper

Cooking method

For this you will need a 7 inch (18cm) or 9 inch (23cm) gratin dish.

Start off by cooking the rice in the water (with a little salt added) until all the water has been absorbed and the rice is tender. Then fluff it up with a fork and arrange it over the base of the gratin dish.

While the rice is cooking, preheat the grill and melt the butter in a small heavy-based saucepan.



Add the onion and cook gently for 5 minutes to soften before adding the sliced mushrooms.

Stir them around to get them nicely coated, then cook for a further 5 minutes over a fairly gentle heat.

After that stir in the flour, cook for another minute then add the sherry.

Stir this in, then gradually add the milk - stirring - until you have a smooth sauce.

Season with salt and pepper and cook gently for another 5 minutes.

Next spread the crabmeat evenly over the rice, then when it's ready pour the mushroom and onion sauce over the crab.

Mix the grated cheese and breadcrumbs together with a pinch or two of cayenne, then sprinkle this over the top.

Grill for 5 minutes until golden and bubbling, then serve at once.

JOURNEYS TO COOL YOU DOWN.

by Elaine Mitchell

Geoff and I have had the wonderful opportunity to enjoy some very special holidays together. I have so many happy memories to draw on that make losing him last year easier to bear.

We visited Iceland, a place I would love to return to someday. It seemed like a forgotten island in the middle of the Atlantic. Iceland itself was formed from magma spewing from the earth some twenty million years ago. It is clear that nothing is stable on our planet, Iceland will be changed with the current underground lava. We currently hear of places torn apart by weather, shaken by earthquakes, reformed by flowing lava, glaciers falling into the oceans. Well, Geoff and I only had a day in Iceland but we made the most of it. One of the exciting things was standing with one foot in Europe and the other foot in America, we just hoped there was no movement at that precise time!!! Obviously we saw much more on that trip including the spectacular Gullfoss falls - an amazing vision of light and crystal. We saw magnificent rock formations, white, gray, blue, circles, tunnels and lines - truly, geometry sculptured by nature.

Another trip saw us enjoying a cruise in Alaska. We went on a smaller cruise ship so we could enjoy the inside passage´ The ship spent a long time in Glacier Bay. Eventually, with two cameras in my hand I managed to capture a huge ice calve. We saw seven glaciers, as the ocean forces its way underneath the frozen ice mass. Giant chunks–up to 60 meters high–crash into the water. Known as "calving," these icefalls, although sadly an indication of climate change, were nevertheless spectacular.



A calving in Glacier Bay

Norway was a trip we have enjoyed twice (both times by cruising). On one occasion we sailed over the top at the North Cape, we were actually able to take our coats off here. A coach took us to the site - it got warmer as we travelled north. Although all the Fjords have a magic of their own, one trip that will stay in my memory was when we docked in Geiranger and took a coach trip up the steep mountain road to the Dalsnibba mountain. We crossed sparkling running water, twinkling ice and as we got higher the snow was as high as our coach, on both sides! When we got out at the top in the snow, we were 1,500 metres high on snow and we could see our ship looking like a dinky toy!

We also visited the Chilean Fjords, another terrific cruise. We were told that sadly many of the alaciers have receded a tremendous amount. We sailed from Chile to Argentina, I got emotional in Ushuiah. We got on a little train to the "end of the world" and our passports were stamped "The end of the World" It's located on the Tierra del Fuego archipelago, the southernmost tip of South America. Here we both put our hands in the oceans, I say oceans because it is where the Atlantic meets the Pacific, we were at the gateway to Antarctica. Later back on board we felt so lucky to be back on board out of the high wind and the driving cold rain. We got to Cape Horn where it has been reported by sailors that a wave can be a

mile from crest to crest and reach heights of 200 feet. well thankfully, we didn't experience anything like that. However, the ship stopped for us and the cloud lifted for a fleeting five minutes!

This was very early morning, I was down by a window at 5.30am in anticipation!!! It paid off - I got a photo of the famous Albatros Memorial. The seas here are merciless and the winds unpredictable.



Where two oceans meet at the end of the world

No other sea route in the world has claimed so many lives as the journey around Cape Horn where the Atlantic meets the Pacific.



Elaine at North Cape - Iceland

From here we sailed up to the Falkland Islands. Another cold, wet day, my highlight was going to see the Gentu penguins. We travelled off road passing by the minefields left over from the Falklands War. Spectacular! Despite freezing cold, dangerous Cape Horn and mine fields I live to tell the tale.

BRAIN TEASER TIME! Did you know that doing brain teasers can improve your short term memory? Trouble is I can't remember where I read that.



1. There is a word in the English Language in which the first two letters signify a male, the first three a female, the first four a great man and the whole word a great woman. What is it?

2. I have four wings but cannot fly, I never laugh and never cry; on the same spot I'm always found, toiling away with little sound.

What am I?

3. What do you throw out when you want to use it but take in when you don't want to use it?

4. What can be driven although it doesn't have wheels, sliced but stays whole?

5. Lift is on the ground floor. There are four people in the lift including me. When it reaches the first floor, one person gets out and three people get in. The lift goes up to the next floor where two people get out and six get in. It then goes to the next floor, no one gets out but twelve people get in. Halfway up to the next floor the cable snaps and the lift plunges to the bottom killing everyone in the lift except me. How did I survive?

6. Guess the next three letters in the series- GTNTL?

Answers: Seek and you shall find!



A DIFFERENT ASPECT OF THE MOFTAG CLUB OF CALPE

In our recent articles about the **Moftag Club of Calpe** we have focused on what we do for Charity. In this issue we would like to tell you what we do for our members.

Moftag began 45 years ago with the aim of bringing ladies together socially to share common interests and activities. Today we are still very much involved with our members on a social and personal basis.

The committee puts a programme of events together each month beginning with a General Meeting on the second Wednesday of the month. Sometimes we have a guest speaker for these meetings, sometimes we have a games or quiz afternoon. For the remaining Wednesdays we organise either a lunch, a coffee morning, breakfast or an outing to somewhere outside of Calpe. Our members know that every week there will be something to do on a Wednesday.

Many of our members are living on their own and some of them are now housebound due to ageing and illness but nevertheless they remain members of Moftag and we try to offer them help and companionship wherever possible. We started a voluntary emergency list programme for those members whose families are living outside of Spain. If they cannot contact their family here and are concerned for them they can contact us and we will go to their home and make sure everything is OK. Likewise if any of our members are hospitalised the committee arranges for visits and, support when they come home. During Covid this all became more

difficult but knowing it was more important than ever for our members to have contact, the committee had a weekly roster whereby we each phoned 5 members for a chat and to make sure they were alright. We all found that we learned more about each other during that year than ever before! On Valentine's Day during Covid our President Jenny Godfrey put together a little bag of goodies for each member and together we drove to each member's house and told them to meet us at the gate, all properly masked of course! It was a day I shall never forget seeing the reaction of the ladies as we stood there with a Valentine's gift bag but more than anything they were so happy to see somebody.

In the year of Covid we couldn't hold our fund raising fayre either so we did as much as we could with on-line advertising for our home made cakes, sausage rolls, marmalades and pickles and also some of the nice items from the Bric a Brac stall. We did a delivery service for those who were unable to collect items and still managed to raise a substantial amount of money!

If we have survived the political struggles during the Franco regime and the pandemic of Covid I think it is safe to say it will take a lot to keep us Moftag Ladies down!

If you would like to know about Moftag please contact our president Jenny Godfrey at 639 139 518 New members are always welcome.

Article written by Anita Becker committee member



MOFTAG CLUB OF CALPE DONATES CHRISTMAS GIFTS TO RED CROSS





On Friday 15th December, Jenny Godfrey president of Moftag

and committee member Anita Becker, presented Christmas items for the Red Cross parcels which are going out to 125 families this year.

Moftag donated 3 items for each parcel including chocolates, turron, marzipan and chocolate Father Christmases. Hopefully this brings a little Christmas cheer to those families less fortunate than ourselves.

This donation was possible due to the success of Moftag's Christmas Fayre in November where they raised €2374 all of which goes to local charity organisations in Calpe.

Pictured with Jenny and Anita is Alba from the Red Cross with whom Moftag works very closely.

Moftag (in existence for 45 years) also runs an active social club for their members so if you would like to find out more about them -

contact Jenny on 639 139 518

An Anchor 4. A Golf Ball 5. I got off at the first floor
 ITS THE complete sequence is the first letter of every word in the sentence.

1. Heroine 2. A Windmill

Brain Teaser Answers!





PEOPLE: ANITA BOND

Anita was born in Grimsby in 1950 and became a model, then later a reporter for the Grimsby Telegraph during the 1960's. She later moved to Germany to work. Then thirty eight years ago she moved to the Costa Blanca and became

a writer for the Costa Blanca News. Anita loved entertaining and ran a social club that would meet every Saturday night for a meal and dancing.

Anita enjoyed travelling and visited many European cities, often travelling solo. Her brother Terry described her as a strong, independent woman.



Anita and Terry her brother

A year ago she was diagnosed with cancer and after a long brave battle she died on the sixth of October 2023 age seventy three. Anita's many friends miss her but all agree she was a joy to know, a wonderful way to remember her.

Rest in peace Anita.



AFPO - The Foreign Property Owners Association

AFPO was inaugurated as a non profit making association in 1987, by a group of foreign residents from the Costa Blanca who recognised the need to keep people informed on important subjects affecting their lives in Spain, and to help them with officialdom.

The association is international although our meetings are conducted in English. The website www.afpocalpe.com is in English and gives daily updates on local and national Spanish news, thanks to the Editor and ex President, Keith Wildman.

The association has a good relationship with the British Consulate in Alicante, whose staff are available to give advice to our members on any problems that may occur The association's committee meet every month to discuss any matters that have arisen. The meetings for members take place three times a year, and there is always a guest speaker invited to give an informative talk. A member of the Consulate attends on an annual basis to up-date members of their rights in Spain. Previous guests have spoken on behalf of Cancer Care Jávea, CaixaBank, re their security watch for seniors, and the Royal British Legion on the aid available for ex British military veterans.

One of the most important roles of the association started in 1999, interpreting at the Centro de Salud in Calpe. A team, of multilingual volunteer members, work from 9am until 12pm, Monday to Friday, helping patients communicate better with their Doctors. New members are always welcome.

For more information call the President, Carole Saunders on 639 637 520.





What's happening in a church near you?

www.costablanca-anglicanchaplaincy.org

CALPE LA MERCED

Sunday Services 10.30am

We have coffee afterwards at the La Merced Campsite Bar just two hundred metres further on on the same road.

If you don't wish to attend the service you are still welcome to join us for coffee.

Check the website for details of our monthly lunches.

<u>ALBIR</u>

Sunday services at 9.30am

in the Norwegian Seafarers Church, Calle de Martes Albir.

Please note that we will be moving from this Church at the end of March.

For details please check the website.

JAVEA Sunday services at 9.45am at the Emita on the Jesus de Pobre Road 160, Javea.

EL CAMPELLO

Sunday Services at 12.00 midday in the Chapel in the grounds of Los Salesianos.

<u>GANDIA</u>

Sunday Service at 12.00 midday in the Chapel of the Fransican Hospice.

LA FUSTERA

Sunday Services at 12.15pm in the Ermita de San Josep.

DENIA

Sunday Services at 12.00 midday in the Ermita Las Rotas.

Organisations that may be of assistance to you

MOFTAG Calpe : Jenny 639 139 518 HELP of Marina Alta : 686 320 435 Lynwen's Nurses : Jayne 634 345 685 Widows & Widowers Orba : Julie 639 176 812

A Lovely Little Coffee Shop

There was a lovely little coffee shop on the corner of the street, that my mother used to tell me, was where posher people meet. As a youth I never went there, for it was far too posh for me, And I thought I wouldn't like to sit where posher people be. But then I joined the Army and I met my darling Sue, And I thought I'd take my sweetheart to a lovely place I knew.

I walked in wearing uniform with my Susan just behind, And the owner served us straightaway; he liked the Army kind, We sipped our cups of coffee and we looked at folks sat near, They chatted as they stole a look at the soldier and his dear. If I saw them staring at us, I would smile and show my teeth,

And let them see the soldier was a man in love beneath. Soon after we were married we went back to see the shop, It still sold lovely coffee and nice cakes with cream on top.

We felt so proud together with the posher folks around, We'd drink from cups with pinkies up and never make a sound. Then soon came little Matthew and our Sophie came next year, We didn't have the cash to spend on coffee shops so dear. But as we passed the corner pushing children in our pram. We'd smile at one another as we remembered cakes and jam. Then I left the Army and I started working for old Frank, I did quite well and soon we had some cash left in the bank. So we went back to the coffee shop and we had a little treat, The latest Caffé Latte with an almond flavoured sweet.

The coffee shop ceased trading for it's coffee was too dear, Compared to all the fast-food joints that opened up too near. But perhaps it's just appropriate and it's not a mortal sin, For Sue passed on six months ago and I couldn't go back in.

When things are this scary, you need someone you can trust.

Talk to John Hayward about making your life less taxing.

Minimising taxes in Spain Wealth Tax and Solidarity Tax Succession and Gift Tax Income Tax on investments and savings

John Hayward WhatsApp (+34) 618 204 731 John.Hayward@spectrum-ifa.com



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John Hayworth is highly recommended by Lynda of Calpe.

Welcome to our service



THE CHURCH OF ENGLAND



Albir Calle de Marte, 8 03581 Albir, Alicante Service times: Sunday 9.30



La Fustera Avinguda Fustera, 33-39 03720 Benissa, Alicante Service times: Sunday 12.15



Jávea Ctra. de Jesus Pobre, 160 03737 Jávea, Alicante Service times: Sunday 9.45 (9.30 July to September 11) Wednesday 10.30



Calpe Parroquia Nuestra Señora de la Merced Av. Jaime I El Conqueridor / Av. de la Merced, 2 03710 Calpe, Alicante Service times: Sunday 10.30



EL Campello Carrer Bernat Metge, 3 03560 El Campello, Alicante Service times:Sunday 12.00



Dénia Ctra. Provincial del Barranc del Monyo, 39 03700 Dénia, Alicante Service times: Sunday 12.00



Gandia The Chapel of the Fransican Hospice, CV 686, 671. 07600, Palma de Gandia Service times: Sunday 12.00



Forum Mare Nostrum Alfaz del Pi Service times: Thursday 11.00 2nd Thursday of the Month -Healing Service

" Love must be sincere. Hate what is evil; cling to what is good." Romans 12:9 " Hatred stirs up strife, but love covers all sins. " Proverbs 10:12

www.costablanca-anglicanchaplaincy.org



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